

Bringing Judaism To Life in Delaware County

OHEV SHALOM

High Holidays

5778

Everything you need to know from

Selichot to Simchat Torah!

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**This issue
sponsored by
Janean Clare**



**Saturday Evening
September 16**
Selichot

**Wednesday Evening
September 20**
*Erev
Rosh Hashanah*

**Thursday
September 21**
*Rosh Hashanah,
Day 1*

**Friday
September 22**
*Rosh Hashanah,
Day 2*

**Friday Evening
September 29**
Kol Nidrei

**Saturday
September 30**
Yom Kippur

**Thursday
October 5**
Sukkot, Day 1

**Friday
October 6**
Sukkot, Day 2

**Saturday
October 7**
Sukkot (Shabbat Chol HaMoed)

**Sunday
October 8
Monday
October 9
Tuesday
October 10**
Intermediate Days of Sukkot

**Thursday
October 12**
*Shemini Atzeret &
Erev Simchat Torah*

**Friday
October 13**
Simchat Torah

***Times and detailed descriptions of services
and events can be found on page 3.***

President's Message

Dear Friends,

I hope that you are enjoying a peaceful summer full of family time and some fun in the sun. Although things at the synagogue slow down a bit during the summer months, I can assure you that preparations for the High Holiday season are in full swing. Our Clergy and Koved committee are busy preparing the service schedule and honors, the office staff is beginning the many tasks required behind the scenes, the High Holiday Appeal campaign is being readied, and Rabbi Gerber and I are brainstorming this year's High Holiday video, as well as writing sermons and speeches.

This booklet will serve as a handy reference for all things related to the High Holidays at Ohev Shalom. Please take a moment to look through the contents, act on those things applicable to you and your family (Yizkor book, baby sitting sign-up), and then save for future reference.

Special thanks to Bev Dickson and Missy Lowdermilk for putting this year's booklet together (with Amy Graham's proof-reading expertise), and to everyone who is working diligently to prepare for our High Holiday season.

I look forward to experiencing the High Holy Days with you again this year and hope you enjoy the remainder of summer.

L'Shalom,

Rich

Mindfully Preparing for the Days of Awe

Chaverim,

It's hard to be mindful. It can be tough to do a mental and emotional check-in and really FEEL how you are doing. Try it right now, you'll see what I mean. Take a deep breath, hold it, close your eyes, let it out slowly, and ask yourself: "How am I doing right now?" I don't know if everyone reading this actually gave that a try, but my sense is – whether you did or not – that most of us don't make enough time for mindfulness.

If you're holding this L'Chaim issue in your hands, you know that the High Holidays are around the corner. Right now, it's still summer, but the start of the new year is not far off. One way to begin preparing for the holidays – for the *Yamim Noraim*, the Days of Awe – is to practice a little mindfulness. What is your mental state, as you get ready to enter the start of another year? Excited/apprehensive, hopeful/concerned, optimistic/fearful??

And here's the really crucial thing: Don't judge that emotion! Just notice it. Be aware of how you're doing and what you're bringing with you when you come to services for Rosh Hashanah. And allow those emotions and that mindfulness to influence your prayers. Because coming to High Holiday services isn't about what you're "supposed to" experience. It's different for every individual. I want to help YOU connect to... you! So start practicing right now, take a couple of deep breaths and start looking for yourself. Maybe you can even think of it as a scavenger hunt to occupy the rest of your summer!! And then let's each bring our full, complicated, messy, connected, multi-faceted selves to shul in September.

Happy hunting!

Rabbi Gerber

Selichot

Saturday evening, September 16, 2017

Services: 8:00 p.m. – 9:30 p.m.
(Main Sanctuary)

Erev Rosh Hashanah

Wednesday night, September 20, 2017

Services: 6:00 p.m. – 7:15 p.m.

Rosh Hashanah, Day 1

Thursday, September 21, 2017

Services: 8:30 a.m. – 1:30 p.m.
Babysitting: 9:30 a.m. to 1:00 p.m.
Tot Service (0-5): 9:30 a.m. – 10:30 a.m.
Nitzanim (K-2nd): 10:30 a.m. – 12:00 p.m.
Junior Congregation (3rd-7th): 10:30 a.m. – 12:00 p.m.
President's Address – 11:00 a.m.
Rabbi's Sermon – 11:15 a.m.
Tashlich: 2:00 p.m. – 3:30 p.m.
(With Beth Israel @
Smedley Park, Springfield)

Rosh Hashanah, Day 2

Friday, September 22, 2017

Services: 8:30 a.m. – 1:00 p.m.
Rabbi's Sermon: 11:00 a.m.

Cemetery Visits & Memorial Plaque Dedication

Sunday, September 24, 2017

Plaque Dedication: 10:00 a.m.
Cemetery Visits to Mt. Sharon (1:30 p.m.),
Mt. Lebanon (2:30 p.m.), Ohev Shalom (3:30 p.m.)

Kol Nidrei

Friday, September 29, 2017

Services: 6:00 p.m. – 8:30 p.m.

Yom Kippur

Saturday, September 30, 2017

Services: 8:30 a.m. – 1:30 p.m.
Babysitting: 9:30 a.m. to 1:00 p.m.
Tot Service: 9:30 a.m. – 10:30 a.m.
Nitzanim (K-2nd) Service: 10:30 a.m. – 12:00 p.m.
Junior Congregation (3rd-7th): 10:30 a.m. – 12:00 p.m.
Rabbi's Sermon: 11:15 a.m.
USY Discussion: 11:30 a.m. – 12:30 p.m.
Yizkor: 11:30 a.m.
Congregation Discussion (TBD):
12:15 p.m. – 1:15 p.m.
Mincha (afternoon services): 3:30 p.m.
WikiRabbi: Q & A with Rabbi Gerber:
4:45 p.m. – 5:30 p.m.

Neilah: 5:30 p.m.

Fast ends: 7:15 p.m.

Break the Fast (communal meal) to follow
If attending, please RSVP to exec@ohev.net

Erev Sukkot

Wednesday, October 4, 2017

Sukkot, Day 1

Thursday, October 5, 2017

Services: 8:00 a.m.

Sukkot, Day 2

Friday, October 6, 2017

Services: 8:00 a.m.

Sukkot (Shabbat Chol HaMoed)

Saturday, October 7, 2017

Services: 9:00 a.m. – 11:45 a.m.
Sukkah Hop Progressive Lunch: Noon

Intermediate Days of Sukkot

Sunday, October 8, 2017

Services: 9:00 a.m.

Monday, October 9, 2017

Services: 8:00 a.m.

Sukkot Lunch and Learn in the Sukkah –
bring a dairy lunch: 12:00 p.m.

Tuesday, October 10, 2017

Services: 8:00 a.m.

Shemini Atzeret & Erev Simchat Torah

Thursday, October 12, 2017

Services: 8:00 a.m.

Yizkor: 9:30 a.m.

Simchat Torah (Shabbat B'Yachad Style):

5:30 p.m. – 8:00 p.m.

Simchat Torah

Friday, October 13, 2017

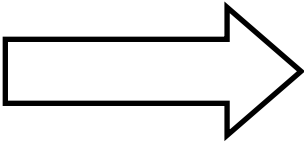
Services: 8:00 a.m.

WANTED: A FEW FRIENDLY PEOPLE!

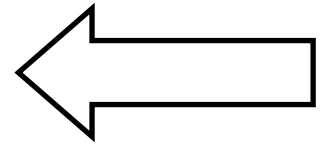
Have you ever wanted to be a High Holiday Greeter? This year is your chance! Previously an honor bestowed on our Board of Directors, this year we would like to extend the opportunity to any interested congregant. Leave your name with Janean in the synagogue office (610-874-1465) and we will be in touch to include you in the Rosh Hashanah/Yom Kippur Greeter schedule.

SPECIAL NEEDS FOR THE HOLIDAYS

Extra parking for the holidays will be available next door at the D'Anjolell Funeral home.
If you have special needs that require help with parking or seating, please call the office and speak to Missy.



Babysitting



Please complete the form below and return to the synagogue office no later than September 6th.

Babysitting will be provided free of charge again this year. However, in order to properly staff for our children's safety, you must **register in advance**. In order to preserve the proper teacher/child ratio, **we may not be able to accommodate children who aren't preregistered**. Please note allergies. Ages 1 to 6.

Parent Last Name _____ First Name _____

Address _____

Email _____ Telephone _____

Child(ren)'s Name(s):

Last Name _____ First Name _____ Age _____

Last Name _____ First Name _____ Age _____

Last Name _____ First Name _____ Age _____

Please specify service(s) & time:

Rosh Hashanah Day 1 Morning _____ 8:30 a.m. — 12:30 p.m.

Rosh Hashanah Day 2 Morning _____ 8:30 a.m. — 12:30 p.m.

Kol Nidre _____ 6:00 p.m. — 8:30 p.m.

Yom Kippur Morning _____ 9:00 a.m. — 12:30 p.m.

Preregistration a must!

CONGREGATION OHEV SHALOM
5778 YIZKOR BOOK ORDER

Please write your name(s) as you wish it(them) to appear in the Yizkor Book.

Remembered by:

Please list all names that you want to include in your listing. Names will be listed alphabetically unless you indicate otherwise.

The suggested donation for listing one or two names is \$36.00. For each additional name we suggest \$8.00.

Total Fee: _____ (Make Check Payable to OHEV SHALOM)

Provide your preferred contact information should we have any questions about your listing.

Name: _____

Address: _____

Phone: (_____) _____

Email: _____

WE MUST RECEIVE YOUR LIST and PAYMENT NO LATER THAN AUGUST 31, 2017. If names are the same as last year, mark the form "same as last year" but the form and payment must be submitted for this year. **THANK YOU!** Please drop off at the office or return by mail to:

CONGREGATION OHEV SHALOM
2 CHESTER ROAD
WALLINGFORD, PA 19086
Attn: Yizkor Book

Order your Etrog & Lulav

in time for Sukkot

Send your check for \$40,

*payable to
Congregation Ohev Shalom.*

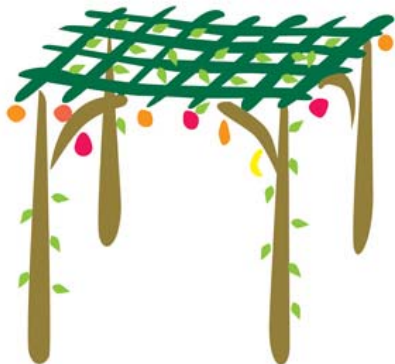
by September 9, 2017



Men's Club

**Sukkah Building
and Mispallelim Decorating**

Sunday, October 1, 2017



Building the Sukkah: 10 a.m.

Decorating: 11 a.m.-12:15 p.m.

Lunch provided by Men's Club

**PLEASE SUPPORT OUR MEMBERSHIP DIRECTORY!
BE A SPONSOR!**

Dear Congregant,

Each year Sisterhood publishes the Ohev Shalom directory. The directory is available free of charge to every member of the synagogue and all members are listed at no cost.

To help offset our printing costs, we invite you to be a directory patron for a donation of \$18. A list of our patrons appears in the front section of the directory.

Please mail a check directly to Sisterhood by the September 5th deadline using the form below.

Thank you for your support.



Sincerely,

Shari Baron & Taryn Jasner
Sisterhood Co-Presidents

Please list me as a patron in the 2017-2018 Ohev Shalom directory. I am enclosing a check for \$18.

Name: _____

(as you would like it to appear in the directory patron list)

Please make checks payable to: "Ohev Shalom Sisterhood" and return to the office by September 5th.
Please write "DIRECTORY" on the memo line of your check.

The Sunday In-Between September 24th

Memorial Plaque Dedication

10:00 a.m.

Cemetery Visits

Sunday, September 24, 2017

Mt. Sharon	1:30 p.m.
Mt. Lebanon	2:30 p.m.
Ohev Shalom	3:30 p.m.

Break-the-Fast

Please join us as we conclude Yom Kippur by breaking the fast as a community.

Saturday, September 30th

at approximately 7:30 p.m.

There's no charge, but donations are gratefully accepted!

Please RSVP to the synagogue office at

610 874-1465



TASHLICH

Thursday, September 21, 2017

2:00 p.m.

Smedley Park

Together with the Beth Israel community

Please join Rabbi Gerber, Rabbi Miller, and Rabbi Potemkin, as we symbolically “cast off” our sins on the 1st day of Rosh Hashanah.

Enjoy a light lunch (salads, veggies, fruit, and hummus) before we toss our pieces of bread into Crum Creek.

Come enjoy this High Holiday custom. Stay as long or as short as you’d like. Bring your own picnic lunch if you prefer. Plenty of area for the kids (and adults) to run around and enjoy the park.

BRINGING A GUEST?

Please register any guests you may be bringing to our High Holiday Services with the Ohev Office. Call Janean and tell her the name of your guest(s) and the service they will be attending, and provide either a mailing address or email. Although we do not charge to attend services, please encourage your guests to make a contribution (pledge cards will be available). Guests belonging to other congregations should have a “Reciprocity Form” sent from their home synagogue. If you have a friend or neighbor who may be interested in membership, please let the Office know.

Ohev Shalom High Holiday Food Drive

Kindly fill these bags and return on Yom Kippur

Or drop off at the synagogue from September 17 through October 8

The Mitzvah Food Pantry needs

KOSHER canned tuna

Low salt, non-bulk size is required

The Bernadine Center needs

DIAPERS medium and large sizes/Pull-ups

Baby Wipes

Canned Soups, Stews and Pasta Meals

Tuna Fish

Peanut Butter and Jelly

Applesauce/ Canned Fruit in syrup

Wesley House and FMC families need:

Baby food and Toddler Food

Diapers and Pull Ups – all sizes from newborn to 3 years

Toothpaste and Adult Toothbrushes, Soap and Shampoo

Single Serving Fruit Packs (packed in juice or light syrup)

Peanut Butter and Jelly

Canned Soups, Stews and Pasta Meals

Tuna Fish

Microwavable Single Serve (ravioli, mac and cheese, etc.)

Many Thanks in Advance

The Hoffman and Whelpley Families

Directory Update

If you have a correction, change, or addition to your listing in the directory, please let the office know by September 5.

Email to directory@ohev.net or bring this form to the office or mail to:

Ohev Shalom
2 Chester Road
Wallingford, PA 19086



Congregation Ohev Shalom

2 Chester Road

Wallingford, PA 19086

ELECTRONIC SERVICE REQUESTED

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High Holidays