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This issue sponsored by Janean Clare

High Holidays 5778

Everything you need to know from Selichot to Simchat Torah!

Saturday Evening
September 16
Selichot

Wednesday Evening
September 20
Erev Rosh Hashanah

Thursday
September 21
Rosh Hashanah, Day 1

Friday
September 22
Rosh Hashanah, Day 2

Friday Evening
September 29
Kol Nidrei

Saturday
September 30
Yom Kippur

Thursday
October 5
Sukkot, Day 1

Friday
October 6
Sukkot, Day 2

Saturday
October 7
Sukkot (Shabbat Chol HaMoed)

Sunday
October 8
Monday
October 9
Tuesday
October 10
Intermediate Days of Sukkot

Thursday
October 12
Shemini Atzeret & Erev Simchat Torah

Friday
October 13
Simchat Torah

Times and detailed descriptions of services and events can be found on page 3.
Dear Friends,

I hope that you are enjoying a peaceful summer full of family time and some fun in the sun. Although things at the synagogue slow down a bit during the summer months, I can assure you that preparations for the High Holiday season are in full swing. Our Clergy and Koved committee are busy preparing the service schedule and honors, the office staff is beginning the many tasks required behind the scenes, the High Holiday Appeal campaign is being readied, and Rabbi Gerber and I are brainstorming this year’s High Holiday video, as well as writing sermons and speeches.

This booklet will serve as a handy reference for all things related to the High Holidays at Ohev Shalom. Please take a moment to look through the contents, act on those things applicable to you and your family (Yizkor book, baby sitting sign-up), and then save for future reference.

Special thanks to Bev Dickson and Missy Lowdermilk for putting this year’s booklet together (with Amy Graham’s proof-reading expertise), and to everyone who is working diligently to prepare for our High Holiday season.

I look forward to experiencing the High Holy Days with you again this year and hope you enjoy the remainder of summer.

L’Shalom,

Rich

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Mindfully Preparing for the Days of Awe

Chaverim,

It’s hard to be mindful. It can be tough to do a mental and emotional check-in and really FEEL how you are doing. Try it right now, you’ll see what I mean. Take a deep breath, hold it, close your eyes, let it out slowly, and ask yourself: “How am I doing right now?” I don’t know if everyone reading this actually gave that a try, but my sense is – whether you did or not – that most of us don’t make enough time for mindfulness.

If you’re holding this L’Chaim issue in your hands, you know that the High Holidays are around the corner. Right now, it’s still summer, but the start of the new year is not far off. One way to begin preparing for the holidays – for the Yamim Noraim, the Days of Awe – is to practice a little mindfulness. What is your mental state, as you get ready to enter the start of another year? Excited/apprehensive, hopeful/concerned, optimistic/fearful??

And here’s the really crucial thing: Don’t judge that emotion! Just notice it. Be aware of how you’re doing and what you’re bringing with you when you come to services for Rosh Hashanah. And allow those emotions and that mindfulness to influence your prayers. Because coming to High Holiday services isn’t about what you’re “supposed to” experience. It’s different for every individual. I want to help YOU connect to... you! So start practicing right now, take a couple of deep breaths and start looking for yourself. Maybe you can even think of it as a scavenger hunt to occupy the rest of your summer!! And then let’s each bring our full, complicated, messy, connected, multi-faceted selves to shul in September.

Happy hunting!

Rabbi Gerber
Selichot
Saturday evening, September 16, 2017
Services: 8:00 p.m. – 9:30 p.m.
(Main Sanctuary)

Erev Rosh Hashanah
Wednesday night, September 20, 2017
Services: 6:00 p.m. – 7:15 p.m.

Rosh Hashanah, Day 1
Thursday, September 21, 2017
Services: 8:30 a.m. – 1:30 p.m.
Babysitting: 9:30 a.m. to 1:00 p.m.
Tot Service (0-5): 9:30 a.m. – 10:30 a.m.
Nitzanim (K-2nd): 10:30 a.m. – 12:00 p.m.
Junior Congregation (3rd-7th): 10:30 a.m. – 12:00 p.m.
President’s Address – 11:00 a.m.
Rabbi’s Sermon – 11:15 a.m.
Tashlich: 2:00 p.m. – 3:30 p.m.
(With Beth Israel @ Smedley Park, Springfield)

Rosh Hashanah, Day 2
Friday, September 22, 2017
Services: 8:30 a.m. – 1:00 p.m.
Rabbi’s Sermon: 11:00 a.m.

Cemetery Visits & Memorial Plaque Dedication
Sunday, September 24, 2017
Plaque Dedication: 10:00 a.m.
Cemetery Visits to Mt. Sharon (1:30 p.m.), Mt. Lebanon (2:30 p.m.), Ohev Shalom (3:30 p.m.)

Kol Nidrei
Friday, September 29, 2017
Services: 6:00 p.m. – 8:30 p.m.

Yom Kippur
Saturday, September 30, 2017
Services: 8:30 a.m. – 1:30 p.m.
Babysitting: 9:30 a.m. to 1:00 p.m.
Tot Service: 9:30 a.m. – 10:30 a.m.
Nitzanim (K-2nd) Service: 10:30 a.m. – 12:00 p.m.
Junior Congregation (3rd-7th): 10:30 a.m. – 12:00 p.m.
Rabbi’s Sermon: 11:15 a.m.
USY Discussion: 11:30 a.m. – 12:30 p.m.
Yizkor: 11:30 a.m.
Congregation Discussion (TBD): 12:15 p.m. – 1:15 p.m.
Mincha (afternoon services): 3:30 p.m.
WikiRabbi: Q & A with Rabbi Gerber: 4:45 p.m. – 5:30 p.m.

Neilah: 5:30 p.m.
Fast ends: 7:15 p.m.
Break the Fast (communal meal) to follow
If attending, please RSVP to exec@ohev.net

Erev Sukkot
Wednesday, October 4, 2017

Sukkot, Day 1
Thursday, October 5, 2017
Services: 8:00 a.m.

Sukkot, Day 2
Friday, October 6, 2017
Services: 8:00 a.m.

Sukkot (Shabbat Chol HaMoed)
Saturday, October 7, 2017
Services: 9:00 a.m. – 11:45 a.m.
Sukkah Hop Progressive Lunch: Noon

Intermediate Days of Sukkot
Sunday, October 8, 2017
Services: 9:00 a.m.
Monday, October 9, 2017
Services: 8:00 a.m.
Sukkot Lunch and Learn in the Sukkah – bring a dairy lunch: 12:00 p.m.
Tuesday, October 10, 2017
Services: 8:00 a.m.

Shemini Atzeret & Erev Simchat Torah
Thursday, October 12, 2017
Services: 8:00 a.m.
Yizkor: 9:30 a.m.
Simchat Torah (Shabbat B’Yachad Style): 5:30 p.m. – 8:00 p.m.

Simchat Torah
Friday, October 13, 2017
Services: 8:00 a.m.

WANTED: A FEW FRIENDLY PEOPLE!
Have you ever wanted to be a High Holiday Greeter? This year is your chance! Previously an honor bestowed on our Board of Directors, this year we would like to extend the opportunity to any interested congregant. Leave your name with Janean in the synagogue office (610-874-1465) and we will be in touch to include you in the Rosh Hashanah/Yom Kippur Greeter schedule.
SPECIAL NEEDS FOR THE HOLIDAYS

Extra parking for the holidays will be available next door at the D’Anjolell Funeral home.
If you have special needs that require help with parking or seating, please call the office and speak to Missy.

Babysitting

Please complete the form below and return to the synagogue office no later than September 6th.
Babysitting will be provided free of charge again this year. However, in order to properly staff for our children’s safety, you must register in advance. In order to preserve the proper teacher/child ratio, we may not be able to accommodate children who aren’t preregistered. Please note allergies. Ages 1 to 6.

Parent Last Name________________________________ First Name__________________________
Address____________________________________________________________________________
Email__________________________________ Telephone________________________________________

Child(ren)’s Name(s):
Last Name_________________________ First Name_________________________ Age________
Last Name_________________________ First Name_________________________ Age________
Last Name_________________________ First Name_________________________ Age________

Please specify service(s) & time:
Rosh Hashanah Day 1 Morning _________ 8:30 a.m. —12:30 p.m.
Rosh Hashanah Day 2 Morning _________ 8:30 a.m. —12:30 p.m.
Kol Nidre _________ 6:00 p.m. —8:30 p.m.
Yom Kippur Morning _________ 9:00 a.m. —12:30 p.m.

Preregistration a must!
NEW YEAR GREETINGS ORDER FORM

Return by August 5, 2017

Please print how you would like your name(s) to appear on the card:

__________________________________________________________

2) Initial all options that apply:

(a)_______ PLEASE SEND NEW YEAR GREETINGS TO ONLY THE MEMBERS WHOSE NAMES HAVE BEEN LISTED BELOW.
   Number of greetings: _______at $1 per name. Payment enclosed in the amount of: $_______

(b)_______ PLEASE SEND NEW YEAR GREETINGS TO THE ENTIRE CONGREGATION.
   Payment enclosed in the amount of: $180.

(c)_______ RECIPROCATION. PLEASE SEND GREETINGS TO ANY MEMBER WHO SENDS ME/US A CARD AND WHO IS NOT LISTED BELOW.
   I/We understand that I/We will be billed later for all additional greetings.

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Please send this entire page and payment to the Synagogue Office. Checks should be made payable to OHEV SHALOM SISTERHOOD. Please be sure to put SISTERHOOD/HH CARDS on the check memo line, drop off at the Synagogue office or mail to: Congregation Ohev Shalom
   2 Chester Road
   Wallingford, PA 19086

Please send New Year greetings to the following Ohev members:

_________________________________________________________________________________________________________
_________________________________________________________________________________________________________
_________________________________________________________________________________________________________
_________________________________________________________________________________________________________
_________________________________________________________________________________________________________
_________________________________________________________________________________________________________
_________________________________________________________________________________________________________
_________________________________________________________________________________________________________
CONGREGATION OHEV SHALOM
5778 YIZKOR BOOK ORDER

Please write your name(s) as you wish it(them) to appear in the Yizkor Book.

Remembered by:

Please list all names that you want to include in your listing. Names will be listed alphabetically unless you indicate otherwise.

__________________________________________________________________________  __________________________________________________________________
__________________________________________________________________________  __________________________________________________________________
__________________________________________________________________________  __________________________________________________________________
__________________________________________________________________________  __________________________________________________________________
__________________________________________________________________________  __________________________________________________________________
__________________________________________________________________________  __________________________________________________________________
__________________________________________________________________________  __________________________________________________________________
__________________________________________________________________________  __________________________________________________________________

The suggested donation for listing one or two names is $36.00. For each additional name we suggest $8.00.

Total Fee: _______________  (Make Check Payable to OHEV SHALOM)

Provide your preferred contact information should we have any questions about your listing.

Name: ____________________________________________________________________

Address: __________________________________________________________________

Phone: (_____) __________________________________________________________________

Email: ____________________________________________________________________

WE MUST receive your list and payment no later than August 31, 2017. If names are the same as last year, mark the form “same as last year” but the form and payment must be submitted for this year. THANK YOU! Please drop off at the office or return by mail to:

CONGREGATION OHEV SHALOM
2 CHESTER ROAD
WALLINGFORD, PA 19086
Attn: Yizkor Book
Order your Etrog & Lulav in time for Sukkot

Send your check for $40,

payable to Congregation Ohev Shalom.

by September 9, 2017

Men’s Club
Sukkah Building and Mispallelim Decorating
Sunday, October 1, 2017

Building the Sukkah: 10 a.m.
Decorating: 11 a.m.-12:15 p.m.
Lunch provided by Men’s Club
PLEASE SUPPORT OUR MEMBERSHIP DIRECTORY!

BE A SPONSOR!

Dear Congregant,

Each year Sisterhood publishes the Ohev Shalom directory. The directory is available free of charge to every member of the synagogue and all members are listed at no cost.

To help offset our printing costs, we invite you to be a directory patron for a donation of $18. A list of our patrons appears in the front section of the directory.

Please mail a check directly to Sisterhood by the September 5th deadline using the form below.

Thank you for your support.

Sincerely,

Shari Baron & Taryn Jasner
Sisterhood Co-Presidents

Please list me as a patron in the 2017-2018 Ohev Shalom directory. I am enclosing a check for $18.

Name: ________________________________________________________________

(as you would like it to appear in the directory patron list)

Please make checks payable to: “Ohev Shalom Sisterhood” and return to the office by September 5th. Please write “DIRECTORY” on the memo line of your check.
**The Sunday In-Between September 24th**

**Memorial Plaque Dedication**

10:00 a.m.

**Cemetery Visits**

Sunday, September 24, 2017

- Mt. Sharon 1:30 p.m.
- Mt. Lebanon 2:30 p.m.
- Ohev Shalom 3:30 p.m.

**Break-the-Fast**

Please join us as we conclude Yom Kippur by breaking the fast as a community.

**Saturday, September 30th**

at approximately 7:30 p.m.

There’s no charge, but donations are gratefully accepted!

Please RSVP to the synagogue office at 610 874-1465

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**TASHLICH**

Thursday, September 21, 2017

2:00 p.m.

Smedley Park

Together with the Beth Israel community

Please join Rabbi Gerber, Rabbi Miller, and Rabbi Potemkin, as we symbolically “cast off” our sins on the 1st day of Rosh Hashanah.

Enjoy a light lunch (salads, veggies, fruit, and hummus) before we toss our pieces of bread into Crum Creek.

Come enjoy this High Holiday custom. Stay as long or as short as you’d like. Bring your own picnic lunch if you prefer. Plenty of area for the kids (and adults) to run around and enjoy the park.

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**BRINGING A GUEST?**

Please register any guests you may be bringing to our High Holiday Services with the Ohev Office. Call Janean and tell her the name of your guest(s) and the service they will be attending, and provide either a mailing address or email. Although we do not charge to attend services, please encourage your guests to make a contribution (pledge cards will be available). Guests belonging to other congregations should have a “Reciprocity Form” sent from their home synagogue. If you have a friend or neighbor who may be interested in membership, please let the Office know.
Ohev Shalom High Holiday Food Drive

Kindly fill these bags and return on Yom Kippur
Or drop off at the synagogue from September 17 through October 8

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The Mitzvah Food Pantry needs
KOSHER canned tuna
Low salt, non-bulk size is required

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The Bernadine Center needs
DIAPERS medium and large sizes/Pull-ups
Baby Wipes
Canned Soups, Stews and Pasta Meals
Tuna Fish
Peanut Butter and Jelly
Applesauce/ Canned Fruit in syrup

---------------------------------------------------

Wesley House and FMC families need:

Baby food and Toddler Food
Diapers and Pull Ups – all sizes from newborn to 3 years
Toothpaste and Adult Toothbrushes, Soap and Shampoo
Single Serving Fruit Packs (packed in juice or light syrup)
Peanut Butter and Jelly
Canned Soups, Stews and Pasta Meals
Tuna Fish
Microwavable Single Serve (ravioli, mac and cheese, etc.)

Many Thanks in Advance
The Hoffman and Whelpley Families
Directory Update

If you have a correction, change, or addition to your listing in the directory, please let the office know by September 5.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Email to directory@ohev.net or bring this form to the office or mail to:

Ohev Shalom
2 Chester Road
Wallingford, PA 19086
High Holidays